

Summer at Sesame Flyers International

From sun up to sun down and into the night, Sesame Flyers International has you covered.

Begin the day with Morning Aerobics at Paerdegat Park with Coach Matthew Monday through Friday 6:30am – 8:00am. Meet the early risers who move their muscles and tone their bodies to a soca beat.

Summer Camps at our Winthrop Beacon, Bildersee Beacon, IS 211, and Glenwood Community Center are open Monday through Friday from 8:00am – 6:00pm. Our campers are having fun with arts and crafts, dance, basketball, cook outs, and Theme Fridays.

SYEP participants and Get RICH Summer Interns are earning money and gaining valuable work experience with placements at several businesses in the community.

SYEP participant cohort SFI Healthy Hearts, Nourished Bodies is having a summer canned food drive. Please be sure to support their community service with your donation of whole grains and low sodium, low sugar, canned food. Donations are accepted at the Winthrop Campus, 905 Winthrop Street.

The extended evening program has started at Glenwood Community Center providing a safe space for young people, teens, and adults to play on hot summer nights.

The SFI Youth Steel Orchestra is at the panyard tuning up for the Panorama competition in a few weeks. Led by Musical Director Freddie Harris III, this year's entry should be lively!

And don't forget the Cultural Center on Church Avenue for the Adult and Kiddie Mas Showroom for presentations of Bollywood Passport to Paradise and Paradise. Can't make it to the showroom ? That's OK, check out the costumes online at sesamecarnival.com .

After work, come through to the Cultural Center for the Wednesday night designer showcase and the Thursday night Henna Night lime.

On Fridays be sure to catch the balance of the 2014 Calypso Monarch Competition held at the Cultural Center.

Remember, August is Black Philanthropy Month. Consider a donation of your time, talent, or treasure to Sesame Flyers International. Your support helps us to extend our reach to the community year round with quality programs. Your gifts are always welcomed. Join us as a Sesame Flyers International Donor Member. You can [donate](#) now. Share your donation when you tell your friends with #BPM2014, #SFISummer and #GivingBack.